

Researched by Brad Leingang

## 2023 3rd 63 points

### 800 Meter Run

Tayla Fettig 8th 2:20.53

### 1600 Meter Run

Izzy Dahl 4th 5:14.83

### 3200 Meter Run

Bayla Weigel 4th 11:46.41

Zoe Reichnberger 8th 11:53.39

### 400 Meter Relay

Cambrie Fischer, Jilian Quale 7th 50.76

Emmery Schmitz, Ajaye Gill

### 800 Meter Relay

Cambrie Fischer, Jilian Quale 8th 1:47.96

Ajaye Gill, Aubrey Kleser

### 3200 Meter Relay

Tayla Fettig, Izzy Dahl 8th 9:54.55

Zoe Reichnberger, Bayla Weigel

Fargo Davies 120.5

GF Red River 64.25

Bismarck 63

West Fargo 63

Century 55

### High Jump

Jordan Rood 2nd 5-4

### Shot Put

Katelyn Rath 2nd 40-11

Tayla Andersen 6th 39-1

### Discus

Tayla Andersen 2nd 120-4

Raya Rood 6th 118-10

### Javelin

Morgan Johnson-Colbert 5th 121-

Cambrie Fischer 6th 118-9

### Polevault

Alyson Krug 1st 12-

			Fargo Davies	137
<b>2022 6th 38 points</b>			Century	105
			Jamestown	76
			West Fargo	71
			Mandan	52

### 1600 Meter Run

Bayla Weigel 7th 5:17.7

### 3200 Meter Run

Bayla Weigel 3rd 11:28

### 400 Meter Relay

Cassy Praska, Kendall Berg 5th 50.4

Jillian Quale, Emery Schmitz

### 800 Meter Relay

Cassy Praska, Kendall Berg 6th 1:46.47

Katelyn Luther, Jilian Quale

### Javelin

Morgan Johnson-Colbert 5th 120-10

Cambrie Fischer 8th 116-2

### 2021 5th 51 points

### 800 Meter Run

Jilee Golus 1st 2:12.08

### 1600 Meter Run

Jilee Golus 2nd 5:09.15

### 3200 Meter Run

Jilee Golus 2nd 11:06.46

### 400 Meter Relay

Cassy Praska, Kenzie Moser 2nd 49.85

Skylar Carufel, Kendall Berg

### 800 Meter Relay

Cassy Praska, Kenzie Moser 5th 1:45.86

Katie Greff, Kendall Berg

### 3200 Meter Relay

Bayla Weigel, Tayla Fettig 3rd 9:40.70

Addison Massey, Jilee Golus

### High Jump

Jordan Rood 5th 5-1

Lexi Hagen 7th 5-1

### Long Jump

Ajay Gill 7th 17-

### Discus

Tayla Andersen 2nd 126-8

Kaylynn Red Tomahawk 7th 117-4

Bismarck Century 138

Fargo Davies 137

Jamestown 85

West Fargo 60

**Bismarck 51**

### Long Jump

Emery Schmitz 6th 17-1.75

### Discus

Kaylynn Red Tomahawk 6th 120-9

## 2020 Seniors

### 2020 No Season due to Covid 19

Kate Dilman  
 Ashlyn Sinclair  
 JaeLeigh Gooden  
 Erica Kaberline  
 Mia Wetzstein  
 Taylor Wood  
 Callie Clausnitzer  
 Morgan Wald  
 Nicole Perkins  
 Jenna Anderson  
 McKenna Shelkey  
 Morgan Ohlhauser

### 2019 T5th 47 points

#### 100 Meter Hurdles

MaKensie Maher	6th	16.35	Fargo Davies	171
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#### 1600 Meter Run

Jilee Golus	7th	5:18.07	Bismarck Century	130
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#### 3200 Meter Run

Jilee Golus	8th	11:31.02	Legacy	67
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#### 400 Meter Relay

Kenzie Moser, Kierra Barth	4th	50.2	GF Red River	60
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Maddi Iverson, Mady Mosolf

#### 800 Meter Relay

Kenzie Moser, Kierra Barth	5th	1:46.21	Bismarck	47
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Maddi Iverson, Mady Mosolf

#### 3200 Meter Relay

Brooke Neideffer, Jilee Golus	4th	9:41.56	Fargo Shanley	47
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Mattie Shirley-Fairbairn, Callie Clausnitzer

#### Pole Vault

Mackenzie Johnson	3rd	10-3
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#### Shot Put

Morgan Ohlhauser	2nd	40-7.75
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#### Discus

Kaylenn Red Tomahawk	6th	108-5
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McKenna Shelkey	7th	107-7
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#### Javelin

Nicole Perkins	2nd	123-5
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Fargo Davies 222

## 2018 4th 70 Points

Bismarck Century 84

### 1600 Meter Run

GF Red River 73.5

Mattie Shirley-Fairbairn	4th	5:13.01	Bismarck	70
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### 3200 Meter Run

Minot 46

Mattie Shirley-Fairbairn	1st	11:08.19
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### 400 Meter Relay

Kenzie Moser, Kate Dillman	7th	50.82
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Maddi Iverson, Kierra Barth

### 800 Meter Relay

Kenzie Moser, Kate Dillman	7th	1:46.56
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Maddi Iverson, Kierra Barth

### 3200 Meter Relay

Mattie Shirley-Fairbairn, Callie Clausnitzer	6th	9:50.19
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Brooke Neideffer, Jilee Golus

### High Jump

Blyth Ehrmantraudt	2nd	5-5
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### Long Jump

Blyth Ehrmantraudt	2nd	18-4
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### Triple Jump

Blyth Ehrmantraudt	1st	38-5
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### Shot Put

McKenna Shelkey	2nd	37-1
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Demi Lorinser	6th	36-4.5
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Morgan Ohlhauser	7th	35-10
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### Pole Vault

Blyth Ehrmantraudt	2nd	10-9
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McKenzie Johnson	8th	9-9
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			Fargo Davies	158.7	
<b>2017 2nd 134.5 points</b>			<b>Bismarck</b>	<b>134.5</b>	
<b>100 Meter Dash</b>			Century	74	
Cara Haussler	1st	12.5	GF Red River	74	
Kate Dillman	6th	13.03	GF Central	56	
<b>200 Meter Dash</b>					
Cara Haussler	1st	25.15	<b>Discus</b>		
<b>400 Meter Dash</b>			Katie German	2nd	133-8
Cara Haussler	1st	58.22	<b>Javelin</b>		
Kaitlyn Page	7th	60.8	Lexus Mosbrucker	8th	115-9
<b>800 Meter Run</b>			<b>Pole Vault</b>		
Mattie Shirley-Fairbairn	6th	2:20.19	Mckenzie Johnson	T2nd	10-3
<b>1600 Meter Run</b>			Blyth Ehrmantraut	T2nd	10-3
Mattie Shirley-Fairbairn	4th	5:06.14			
<b>3200 Meter Run</b>					
Mattie Shirley-Fairbairn	3rd	11:00.45			
<b>400 Meter Relay</b>					
Kaitlyn Page, Kate Dillman	2nd	48.43			
Maddi Iverson, Mady Mosolf					
<b>800 Meter Relay</b>					
Kaitlyn Page, Kate Dillman	2nd	1:42.15			
Maddi Iverson, Mady Mosolf					
<b>1600 Meter Relay</b>					
Michaela Dora, Kaitlyn Page	1st	4:02.45			
Mady Mosolf, Cara Haussler					
<b>3200 Meter Relay</b>					
Callie Clausnitzer, Michaela Dora	5th	9:44.86			
Brooke Neidefer, Mattie Shirley-Fairbairn					
<b>High Jump</b>					
Blyth Ehrmantraudt	1st	5-4			
Olivia Dickerson	T 6th	5-1			
<b>Long Jump</b>					
Blyth Ehrmantraudt	2nd	17-11.25			
<b>Triple Jump</b>					
Blyth Ehrmantraudt	1st	38-8			
<b>Shot Put</b>					

Morgan Ohlhauser 7th 36-4.5

Fargo Davies 122

## 2016 T 3rd 81

Century 119

### 100 Meter Dash

Bismarck 92.5

Mady Mosolf 4th 12.78

West Fargo 73

### 800 Meter Run

GF Red River 57.5

Mattie Shirley-Fairbairn 4th 2:19.94

### 1600 Meter Run

Mattie Shirley-Fairbairn 2nd 4:58.70

Callie Clausnitzer 8th 5:07.49

### 3200 Meter Run

Mattie Shirley-Fairbairn 2nd 10:32.94

### 400 Meter Relay

MaKenna Kuhn, Mady Mosolf 5th 50.56

Hannah Steckler, Kierra Barth

### 800 Meter Relay

MaKenna Kuhn, Kierra Barth 6th 1:46.45

Jaycee Walter, Mady Mosolf

### 1600 Meter Relay

Rayni Vorachek, Kaitlyn Page 5th 4:08.55

MaKenzie Maher, Jaycee Walter

### 3200 Meter Relay

Grace Gannon, Mattie Shirley-Fairbairn 1st 9:32.98

Michaela Dora, Callie Clausnitzer

### High Jump

Rachel Schumacher 2nd 5-5

Blyth Ehrmantraudt T8th 4-11

### Long Jump

Blyth Ehrmantraudt 2nd 17-7.5

### Triple Jump

Blyth Ehrmantraudt 2nd 37-9

Rachel Schumacher 3rd 36-11

Shelby Arman 8th 35-.5

### Shot Put

Camari McCarroll 6th 37-3

### Discus

Brittany Hawkinson 5th 118-10

Katie German 8th 116-3

### **Pole Vault**

Blyth Ehrmantraudt 4th 9-9 Century 119

**2015 T 3rd 81** Fargo Davies 95

**100 Meter Dash** Bismarck 81

Cara Haussler 2nd 12.42 Grand Forks Red River 81

**200 Meter Dash** West Fargo 80

Cara Haussler 2nd 25.07

### **400 Meter Dash**

Cara Haussler 2nd 56.72

### **800 Meter Run**

Mattie Shirley-Fairbairn 2nd 2:17.26

### **1600 Meter Run**

Mattie Shirley-Fairbairn 1st 4:56.89

### **3200 Meter Run**

Mattie Shirley-Fairbairn 1st 10:38.24

### **400 Meter Relay**

MaKenna Kuhn, Mady Mosolf 8th 51.45

Hannah Steckler, Kaitlyn Page

### **800 Meter Relay**

MaKenna Kuhn, Kaitlyn Page 8th 1:48.87

Jaycee Walter, Mady Mosolf

### **3200 Meter Relay**

Grace Gannon, Callie Clausnitzer 7th 10:02.27

Jaycee Walter, Mattie Shirley-Fairbairn

### **High Jump**

Rachel Schumacher 2nd 5-4

### **Long Jump**

Cara Haussler 5th 17-2.25

### **Triple Jump**

Rachel Schumacher 3rd 36-10

Shelby Arman 7th 34-10.5

### **Discus**

Katie German 8th 118-7

### **Pole Vault**

Katlin Kelley 5th 9-6

			Century	169
<b>2014 2nd 151</b>			<b>Bismarck</b>	<b>151</b>
<b>100 Meter Dash</b>			GF Red River	68
Cara Haussler	7th	12.7	West Fargo	59
<b>200 Meter Dash</b>			Minot	50
Cara Haussler	5th	26	<b>Triple Jump</b>	
<b>400 Meter Dash</b>			<b>Natalee Todd</b>	<b>1st 37-2</b>
Morgan Miller	2nd	57.42	Shelby Arman	3rd 35-9
<b>800 Meter Run</b>			Bailey Reiner	4th 35-8
<b>Brittany Brownotter</b>	<b>1st</b>	<b>2:18.72</b>	Rachel Schumacher	6th 34-8.75
Libby Fontenot	8th	2:23.92	<b>High Jump</b>	
<b>110 Meter Hurdles</b>			Blythe Ehrmantrout	4th 5-2
Natalee Todd	4th	15.62	Rachel Schumacher	5th 5-2
<b>300 Meter Hurdles</b>			<b>Discus</b>	
Lauren Clausnitzer	8th	47.1	Brittany Hawkinson	6th 115-8
<b>1600 Meter Run</b>				
<b>Brittany Brownotter</b>	<b>1st</b>	<b>5:03.29</b>		
Lexi Zeis	4th	5:14.81		
<b>3200 Meter Run</b>				
<b>Brittany Brownotter</b>	<b>1st</b>	<b>10:53.33</b>		
Lexi Zeis	7th	11:49.76		
<b>800 Meter Relay</b>				
Bailey Reiner, Morgan Miller	<b>1st</b>	<b>1:42.69</b>		
Kaitlyn Page, Cara Haussler				
<b>1600 Meter Relay</b>				
Jaycee Walter, Morgan Miller	<b>1st</b>	<b>4:01.58</b>		
Shelby Arman, Kaitlyn Page				
<b>3200 Meter Relay</b>				
Libby Fontenot, Morgan Miller	<b>1st</b>	<b>9:29.88</b>		
Lexi Zeis, Brittany Brownotter				
<b>Pole Vault</b>				
Brecklyn Huntley	5th	9-9		
<b>Long Jump</b>				



<b>Bailey Reiner</b>	<b>1st</b>	<b>17-11.5</b>
Blythe Ehrmantrout	2nd	17-7.5
Natalee Todd	4th	16-11.5

		Century	177.5
<b>2013 2nd</b>		<b>Bismarck</b>	<b>101</b>

<b>100 Meter Dash</b>			West Fargo	89
Bailey Reiner	6th	12.69	GF Red River	57.5
<b>400 Meter Dash</b>			Fargo North	56

Morgan Miller	4th	59.9
<b>800 Meter Run</b>		
Brittany Brownotter	3rd	2:19.16
Caitlyn Carlson	5th	2:21.08

<b>110 Meter Hurdles</b>		
Natalee Todd	3rd	15.29

<b>1600 Meter Run</b>		
<b>Brittany Brownotter</b>	<b>1st</b>	<b>5:08.02</b>
Lexi Zeis	4th	5:16.42

<b>3200 Meter Run</b>		
<b>Brittany Brownotter</b>	<b>1st</b>	<b>11:10.80</b>
Lexi Zeis	4th	11:48.07
Grace Gannon	7th	12:01.12

<b>400 Meter Relay</b>		
Katlin Kelly, Bailey Reiner	8th	51.5

Kaitlyn Van Berkomp, Morgan Miller

<b>800 Meter Relay</b>		
Bailey Reiner, Kaitlyn Page	3rd	1:46.52

Morgan Miller, Caitlyn Carlson

<b>3200 Meter Relay</b>		
<b>Libby Fontenot, Caitlyn Carlson</b>	<b>1st</b>	<b>9:33.03</b>

Lexi Zeis, Brittany Brownotter

<b>Pole Vault</b>		
Clancy Carufel	6th	9-9

<b>Long Jump</b>		
Bailey Reiner	3rd	18-4

**Triple Jump**

<b>Natalee Todd</b>	<b>1st</b>	<b>38-5.5</b>
Shelby Arman	5th	35-2.5
<b>Shot Put</b>		
Naomi Rust	7th	37-10.25
<b>Discus</b>		
Naomi Rust	5th	123-9

Century 129

## 2012 2nd

Bismarck 91

### 100 Meter Dash

Minot 82

Bailey Reiner	4th	12.91	West Fargo	78.33
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### 200 Meter Dash

Mandan 56.5

Bailey Reiner	5th	26.4	<b>Shot Put</b>	
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### 400 Meter Dash

**Naomi Rust** 1st 40-6

Morgan Miller	5th	60.2	Brianna Bergrud	5th	38-2
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### 1600 Meter Run

### Discus

Brittany Brownotter	4th	5:10.15	Naomi Rust	5th	119-
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Lexi Zeis	6th	5:13.76	<b>Pole Vault</b>	
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### 3200 Meter Run

Kathryn Pomeroy T 7th 9-9

<b>Brittany Brownotter</b>	<b>1st</b>	<b>11:05.55</b>
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Lexi Zeis	4th	11:31.06
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### 400 Meter Relay

Caitlyn Carlson	2nd	50.69
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McKenzi Enderson

Bailey Reiner

Cara Hausler

### 1600 Meter Relay

Libby Fontenot	7th	4:12.36
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Jaycee Walter

Morgan Miller

Kaitlyn Page

### 3200 Meter Relay

Libby Fontenot	2nd	9:38.18
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Lexi Zeis

Morgan Miller

Brittany Brownotter

### High Jump

Natalee Todd	T 5th	5-1
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Estee Schmidt	7th	5-1
<b>Long Jump</b>		
Bailey Reiner	<b>1st</b>	<b>18-4.75</b>
Natalee Todd	8th	16-4.5
<b>Triple Jump</b>		
Katelyn VanBerkum	8th	34-5.25

			Century	102.5	
<b>2011 3rd 74 pts</b>			Minot	89	
<b>100 Meter Dash</b>			Bismarck	74	
Bailey Reiner	7th	13.89	GF Red River	69.5	
<b>800 Meter Run</b>			Fargo South	63	
Libby Fontenot	4th	2:23.12	<b>Shot Put</b>		
Brittany Brownotter	8th	2:25.12	Katie Weigel	5th	38-10
<b>1600 Meter Run</b>			Naomi Rust	6th	38-8
Brittany Brownotter	4th	5:17.29	Briana Bergrud	7th	36-9
Tessa Haussler	6th	5:20.22	<b>Discus</b>		
<b>3200 Meter Run</b>			Katie Weigel	3rd	125-
Brittany Brownotter	2nd	11:23.3	Naomi Rust	5th	115-3
Tessa Haussler	7th	11:44.96	<b>Javelin</b>		
Brooklyn Beehler	8th	11:46.41	Anna Hruby	8th	107-
<b>400 Relay</b>					
Katelyn Friedt	6th	51.73			
Bailey Reiner					
McKenzie Enderson					
Caitlyn Carlson					
<b>800 Relay</b>					
McKenzie Enderson	4th	1:47.59			
Bailey Reiner					
Morgan Miller					
Caitlyn Carlson					
<b>1600 Relay</b>					
Libby Fontenot	7th	4:14.7			
Morgan Miller					
Lauren Clausnitzer					
Taylor Grossman					
<b>3200 Relay</b>					

Libby Fontenot	2nd	9:36.29
Morgan Miller		
Caitlyn Carlson		
Brittany Brownotter		

### Long Jump

Bailey Reiner	2nd	17-11.75
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### Triple Jump

Natalee Todd	7th	34-6
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				Bismarck	142
<b>2010 1st 141.5pts</b>				Fargo South	133
<b>100 Meter Dash</b>				West Fargo	88
Bailey Reiner	7th	13.32		Minot	85
<b>200 Meter Dash</b>				GF Red River	68
Twila Moser	8th	27.32		<b>400 Relay</b>	
<b>400 Meter Dash</b>				Kaitlyn Friedt	1st 49.86
Caitlyn Carlson	7th	1:00.22		Amanda Bennes	
<b>800 Meter Run</b>				Twila Moser	
Kayla Schuh	4th	2:23.7		Bailey Reiner	
<b>1600 Meter Run</b>				<b>800 Relay</b>	
Tessa Haussler	4th	5:17.33		Kayla Schuh	4th 1:46.53
Brooklyn Beehler	8th	5:26.75		Caitlyn Carlson	
<b>3200 Meter Run</b>				McKenzie Enderson	
Tessa Haussler	6th	11:39.91		Bailey Reiner	
Brooklyn Beehler	8th	11:49.20		<b>Shot Put</b>	
<b>100 Meter Hurdles</b>				Katie Weigel	1st 41'5"
Twila Moser	2nd	14.87		Briana Bergrud	5th 35'11"
Chelsey Yantzer	3rd	16.01		Naomi Rust	7th 35'9"
<b>300 Meter Hurdles</b>				<b>Discus</b>	
Twila Moser	2nd	45.46		Katie Weigel	1st 128'8"
Chelsey Yantzer	6th	47.34		<b>Javelin</b>	
<b>High Jump</b>				Anna Hruby	3rd 117'2"
Amanda Bennes	2nd	5'5"		Katie Weigel	6th 114'3"
Anna Hruby	8th	4'11"		<b>1600 Relay</b>	
<b>Long Jump</b>				McKenzie Enderson	6th 4:11.36
Amanda Bennes	1st	18'8.25"		Caitlyn Carlson	
Bailey Reiner	2nd	18'		MacKayla Feeney	

Chelsey Yantzer	5th	17'7.5"	Kayla Schuh		
<b>Pole Vault</b>			<b>3200 Relay</b>		
Ashley Kramer	5th	9'6"	Brooklyn Beehler	5th	9:50.7
<b>Triple Jump</b>			Libby Fontenot		
Chelsey Yantzer	5th	35'7"	Tessa Haussler		
Amanda Bennes	8th	34'8"	Kayla Schuh		

			<b>Bismarck</b>	<b>126</b>	
<b>2009 1st 125.5pts</b>			Fargo South		94
<b>100 Meter Dash</b>			Century		78.5
Amanda Bennes	7th	13.06	West Fargo		74
<b>200 Meter Dash</b>			Minot		72
Megan Meyer	5th	27.15	<b>400 Relay</b>		
<b>800 Meter Run</b>			Chelsey Yantzer	1st	49.6
Kayla Schuh	2nd	2:18.44	Amanda Bennes		
<b>1600 Meter Run</b>			Twila Moser		
Shanice Lambert	4th	5:17.45	Joslin Seidel		
Tessa Haussler	6th	5:19.95	<b>800 Relay</b>		
Taylor Pintar	7th	5:20.13	Megan Meyer	2nd	1:44.51
<b>3200 Meter Run</b>			Shantel Schuh		
Shanice Lambert	4th	11:31.33	Caitlyn Carlson		
Taylor Pintar	6th	11:37.03	Kayla Schuh		
Brooklyn Beehler	8th	11:44.81	<b>Javelin</b>		
<b>100 Meter Hurdles</b>			Kaitlyn Sturlaugson	1st	126'
Twila Moser	2nd	15.56	<b>1600 Relay</b>		
<b>300 Meter Hurdles</b>			Megan Meyer	1st	4:00.11
Twila Moser	2nd	45.98	Kayla Schuh		
Chelsey Yantzer	4th	46.85	Caitlyn Carlson		
Joslin Seidel	7th	47.51	Shantel Schuh		
<b>High Jump</b>			<b>3200 Relay</b>		
Amanda Bennes	T4th	5'2"	Shantel Schuh	3rd	9:48.73
Twila Moser	T4th	5'2"	Shanice Lambert		
<b>Long Jump</b>			Brooklyn Beehler		
Amanda Bennes	1st	18'	Kayla Schuh		

Bailey Reiner 2nd 17'5.5"

Chelsey Yantzer 5th 16'8.5"

### **Pole Vault**

**Megan Meyer 1st 10'9"**

### **Triple Jump**

Chelsey Yantzer 2nd 34'10.5"

### **Discus**

Heather Schulz 8th 114'9"

### **Shot Put**

**Heather Schulz 1st 38'6"**

Katie Weigel 2nd 38'2"

Carman Swenson 8th 35'11"

**Bismarck 138**

## **2008 1st 138pts**

### **100 Meter Dash**

Kelsey Reimnitz 2nd 12.31

Heidi Jundt 8th 13.03

Century 126

Fargo South 120

Minot 94

West Fargo 65

### **200 Meter Dash**

Kelsey Reimnitz 2nd 25.07

### **Javelin**

Kaitlyn Sturlaugson 2nd 119'11"

### **400 Meter Dash**

Kelsey Reimnitz 5th 59.58

### **400 Relay**

**Chelsey Yantzer 1st 50.05**

Kayla Schuh 8th 1:01.7

**Kelsey Reimnitz**

**Twila Moser**

### **800 Meter Run**

Alexa Wachter 3rd 2:19.86

**Joslin Seidel**

Sara Feeney 5th 2:21.22

### **Shot Put**

### **1600 Meter Run**

Heather Schulz 5th 36'.5"

Taylor Pintar 7th 5:23.35

Carman Swenson 6th 35'8.5"

Lindsay Achtenberg 8th 5:27.55

### **800 Relay**

### **3200 Meter Run**

Kayla Schuh 2nd 1:47.53

Taylor Pintar 6th 11:35.37

Joslin Seidel

Brooklyn Beehler 8th 11:42.64

Shantel Schuh

### **100 Meter Hurdles**

Annie Assel

Twila Moser 3rd 15.35

### **1600 Relay**

### **300 Meter Hurdles**

Alex Feeney 3rd 4:07.72

Twila Moser 4th 47.38

Sarah Feeney

Chelsey Yantzer 7th 48.12

Caitlyn Carlson

### **High Jump**

Kayla Schuh

Shannon Schmidt 3rd 5'2"

### **3200 Relay**

Twila Moser 5th 5'1"

Sarah Feeney 2nd 9:43.93

Amanda Bennes	8th	4'11"	Taylor Pintar
<b>Long Jump</b>			Lindsay Achtenberg
Chelsey Yantzer	5th	17'1"	Alexa Wachter
Amanda Bennes	7th	16'11"	
<b>Pole Vault</b>			
Megan Meyer	4th	10'	
Ashley Kramer	7th	9'9"	
<b>Triple Jump</b>			
Chelsey Yantzer	3rd	36'8"	
<b>Discus</b>			
Shannon Schmidt	2nd	126'10"	
Katie Weigel	8th	114'11"	

			Fargo South	156.5
<b>2007 2nd 109.66pts</b>			<b>Bismarck</b>	<b>109.66</b>

<b>100 Meter Dash</b>			Minot	107
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Kelsey Reimnitz	2nd	12.93	Century	83
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<b>200 Meter Dash</b>			West Fargo	64
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Kelsey Reimnitz	2nd	26.27		
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<b>400 Meter Dash</b>				
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Kelsey Reimnitz	3rd	58.28		
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Alex Feeney	8th	1:00.16		
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<b>800 Meter Run</b>				
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Sarah Feeney	5th	2:21.98		
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Alexa Wachter	8th	2:25.95		
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<b>1600 Meter Run</b>				
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Taylor Pintar	5th	5:27.69		
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<b>100 Meter Hurdles</b>				
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Twila Moser	4th	16.37		
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<b>300 Meter Hurdles</b>				
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Twila Moser	6th	48.91		
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<b>High Jump</b>				
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Amanda Bennes	T8th	4'11"		
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Twila Moser	T8th	4'11"		
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<b>Long Jump</b>				
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Chelsey Yantzer	5th	17'		
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<b>Pole Vault</b>				
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Megan Meyer	3rd	9'9"	<b>800 Relay</b>	1:48.47
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## Triple Jump

Chelsey Yantzer

5th 35'7.5"

Alex Feeney

5th

## Shot Put

Eliza Neigum

1st 42'6"

Joslin Seidel

Megan Meyer

Annie Assel

## Javelin

Britlyn Sturlaugson

1st 133'11"

## 1600 Relay

4:06.2

Kaitlyn Sturlaugson

2nd 119'10"

Alexa Wachter

1st

Alex Feeney

Sarah Feeney

## 400 Relay

Haley Stewart

4th 51.62

Kelsey Reimnitz

## 3200 Relay

9:58.91

Twila Moser

Megan Meyer

Brooklyn Beehler

2nd

Heidi Jundt

Alexa Wachter

Taylor Pintar

Sarah Feeney

**Bismarck 115**

## 2006 1st 115pts

Fargo South

114.5

## 100 Meter Dash

Minot

107

Devon Wentz

2nd 12.21

Century

72

## 200 Meter Dash

Dickinson

62

Devon Wentz

2nd 25.29

Kelsey Reimnitz

4th 25.67

Megan Meyer

7th 26.27

## 400 Meter Dash

Alex Feeney

7th 1:00.95

## 800 Meter Run

Sarah Feeney

5th 2:22.66

Alexa Wachter

6th 2:22.9

## 3200 Meter Run

Taylor Pintar

6th 11:55.64

## 100 Meter Hurdles

Twila Moser

2nd 15.45

Jen Kiefer

5th 15.92

## 400 Relay

49.99

Devon Wentz

8th 16.26

Haley Stewart

2nd

## 300 Meter Hurdles

Morgan Meyer

Devon Wentz

1st 43.31

Kelsey Reimnitz

Twila Moser

8th 46.91

? Twila Moser

## High Jump

## 800 Relay

1:44.52

Shannon Schmidt

5th 5'1"

Megan Meyer

1st



Kellie Coit	7th	5'1"	<b>Kelsey Reimnitz</b>		
<b>Long Jump</b>			<b>Liz Wamsley</b>		
Kelsey Reimnitz	7th	16'6.75"	<b>Jessica Wills</b>		4:05.19
<b>Pole Vault</b>			<b>1600 Relay</b>	3rd	
Megan Meyer	6th	9'9"	Liz Wamsley		
<b>Triple Jump</b>			Chelsey Yantzer		
Kellie Coit	6th	35'11"	Sarah Feeney		
<b>Discus</b>			Alex Feeney		
Shannon Schmidt	4th	126'	<b>3200 Relay</b>		9:52.86
<b>Shot Put</b>			Sarah Feeney	3rd	
Eliza Neigum	4th	42'4.5"	Taylor Pintar		
<b>Javelin</b>			Sam Stock		
Kaitlyn Sturlaugson	7th	113'4"	Alexa Wachter		

			Century	109
<b>2005 4th 82pts</b>			Fargo South	94.33
<b>100 Meter Dash</b>			Minot	85.33
Kacie Sweep	4th	12.72	<b>Bismarck</b>	<b>82</b>
<b>200 Meter Dash</b>			Mandan	70
Devon Wentz	3rd	25.56		
Kacie Sweep	8th	27.19		
<b>400 Meter Dash</b>				
Kelsey Reimnitz	5th	59.95		
<b>800 Meter Run</b>				
Alexa Wachter	6th	2:21.42		
Sarah Feeney	7th	2:22.11		
<b>1600 Meter Run</b>				
Mandy Gefroh	6th	5:20.91		
<b>3200 Meter Run</b>				
Mandy Gefroh	6th	11:36.01		
<b>100 Meter Hurdles</b>				
Jen Kiefer	7th	16		
<b>300 Meter Hurdles</b>				
Devon Wentz	2nd	44.15		
<b>High Jump</b>				
Kellie Coit	7th	5'1"		
<b>Long Jump</b>				
Amanda Schreiber	5th	16'6.6"		

## Triple Jump

Kellie Coit	4th	35'3.75"
Jade Beattie	5th	35'.5"

## 400 Relay

Kelsey Reimnitz	1st	49.93
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Devon Wentz

Amanda Schreiber

Kacie Sweep

## 800 Relay

Liz Wamsley	4th	1:49.47
Kelsey Reimnitz		
Megan Meyer		
Kacie Sweep		

## 1600 Relay

4:00.94

Liz Wamsley	1st
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Devon Wentz

Mandy Gefroh

Kelsey Reimnitz

## 3200 Relay

9:50.59

Sam Stock	4th
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Sarah Feeney

Alexa Wachter

Mandy Gefroh

Fargo South	122
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Century	81
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Minot	75
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<b>Bismarck</b>	<b>73</b>
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GF Red River	66
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## 2004 4th 73pts

## 100 Meter Dash

Kacie Sweep	1st	12.27
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## 400 Meter Dash

Kelsey Reimnitz	6th	14:24.0
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## 1600 Meter Run

Sarah Feeney	6th	5:23.21
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Paige Hageness	7th	5:23.67
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## 3200 Meter Run

Mandy Gefroh	4th	11:43.08
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## High Jump

Shannon Schmidt	4th	5'2"
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Kate Moser	6th	5'2"
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## Long Jump

Jade Beattie	6th	16'6.5"
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## Pole Vault

Jade Beattie	7th	9'9"
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## Triple Jump

Kellie Coit	5th	35'6.75"
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Jade Beattie	6th	34'5.5"
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## 400 Relay

Shalee Schoch	3rd	49.98
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Devon Wentz

Kayla Tardif

Kacie Sweep

### 800 Relay

Kelsey Reimnitz 1st 1:43.51

Devon Wentz

Shalee Schoch

Kacie Sweep

### 1600 Relay

Liz Wamsley 1st 4:01.08

Devon Wentz

Sarah Feeney

Kelsey Reimnitz

### 3200 Relay

9:53.56

Sam Stock

5th

Sarah Feeney

Mandy Gefroh

Kelsey Reimnitz

Fargo South

128

### 2003 9th 34pts

Mandan

115.5

### 100 Meter Dash

Dickinson

78

Kacie Sweep

2nd 12.5

Century

75

### 200 Meter Dash

GF Red River

64

Kacie Sweep

2nd 26.46

### Pole Vault

Breynn Sturlaugson

6th 10'

Kat Conjaerts

7th 9'9"

### Triple Jump

Breynn Sturlaugson

7th 34'10"

### Shot Put

Kat Conjaerts

8th 36'9"

### 400 Relay

Jamie Mills

5th 50.81

Brieann Kirchoffner

Devon Wentz

Kacie Sweep

### 800 Relay

Bismarck

3rd 1:45.58

### 1600 Relay

Natalie Vetter

3rd 4:16.92

Shalee Schoch					
Devon Wentz					
Sam Stock			Mandan		124
<b>2002 9th 33pts</b>			Wahpeton		95.5
<b>200 Meter Dash</b>			Minot		73
Brieann Kirchoffner	5th	26.83	GF Central		63
<b>High Jump</b>			Dickinson		59
April Nies	3rd	5'2"			
<b>Long Jump</b>					
Brieann Kirchoffner	4th	17'8.5"			
Jessica Deringer	5th	17'4"			
<b>Triple Jump</b>					
Jessica Deringer	4th	36'6.75"			
<b>Shot Put</b>					
Sarah Aberle	8th	35'11"			
<b>400 Relay</b>					
Bismarck	2nd	49.94			
			Fargo South		93.5
<b>2001 8th 45pts</b>			Mandan		86
<b>100 Meter Dash</b>			Minot		80.5
Sarah Nieman	3rd	12.89	GF Red River		69
Brieann Kirchoffner	6th	13.06	Wahpeton		63
<b>200 Meter Dash</b>					
Sarah Nieman	2nd	25.48			
Brieann Kirchoffner	5th	26.07			
<b>400 Meter Dash</b>					
Sarah Nieman	5th	59.63			
<b>3200 Meter Run</b>					
Sarah Hill	7th	11:41.33			
<b>800 Relay</b>					
Bismarck	8th	1:50.02			
<b>Long Jump</b>					
Sarah Nieman	8th	17'1.25"			
<b>Pole Vault</b>					
Jodi Rosborough	1st	11'			
<b>Javelin</b>					
Lacy Dewall	3rd	131'7"	GF Red River		121

<b>2000 9th 42pts</b>			Minot	89.25
<b>100 Meter Dash</b>			Fargo South	78
Brieann Kirchoffner	5th	13.17	Mandan	76
LaRae Bush	8th	13.53	Wahpeton	49
<b>200 Meter Dash</b>			<b>Pole Vault</b>	10'3"
Brieann Kirchoffner	4th	26.57	Jessica Roehrick	2nd 10'
Sarah Neiman	7th	27.38	Jodi Rosborough	3rd 9'
<b>100 Meter Hurdles</b>			Breann Sturlaugson	8th
Tammy Dursma	7th	16.63		
<b>800 Meter Relay</b>				
Bismarck	6th	1:47.04		
<b>3200 Meter Relay</b>				
Bismarck	7th	10:01.90		
<b>Long Jump</b>				
Sarah Nieman	4th	17'.25"		
<b>Triple Jump</b>				
Beth Johnson	6th	35'4.5"		

			Century	121
<b>1999 3rd 86pts</b>			GF Red River	93
<b>100 Meter Dash</b>			<b>Bismarck</b>	<b>86</b>
Sarah Neiman	2nd	12.3	Minot	71
<b>200 Meter Dash</b>			Fargo South	63
<b>Sarah Neiman</b>	<b>1st</b>	<b>25.36</b>		
Brieann Kirchoffner	2nd	25.59		
<b>100 Hurdles</b>				
Tammy Dursma	4th	15.82		
<b>Long Jump</b>				
Brieann Kirchoffner	2nd	16'10.25"		
Tammy Dursma	6th	16'?		
<b>High Jump</b>				
Jenna Shelbourn	4th	5'2"		
<b>Pole Vault</b>				
<b>Shelly Bouchert</b>	<b>1st</b>	<b>10'6"</b>		
Jessica Roehrick	3rd	10'		
Jodi Rosborough	6th	9'		
<b>Javelin</b>				

Jen Voegelé 5th 119'7"

### 400 Relay

Bismarck 4th 51.04

### 800 Relay

Sarah Neiman 1st 1:44.79

LaRae Bush

Beth Holwegner

Brieann Kirchoffner

### 3200 Relay

Bismarck 8th 9:52.55 GF Red River 97.5

**1998 12th 19pts** Fargo South 87

**200 Meter Dash** Minot 80.5

Sarah Neiman 6th 26.42 Century 79

**100 Hurdles** Mandan 72

Tammy Dursma 5th 15.79

**High Jump** **800 Relay** 1:47.81

Sarah Neiman 6th 5'2" Bismarck 5th

### Javelin

Jen Voegelé 8th 114'1"

### 400 Relay

Bismarck 5th 51.2 Minot 122

**1997 10th 22pts** Mandan 100.5

**100 Hurdles** Century 89

Tammy Dursma 8th 16.13 GF Red River 75

**Triple Jump** Fargo South 69

Tina Kirkpatrick 7th 32'11"

### High Jump

Tina Kirkpatrick 1st 5'5"

### 800 Relay

Bismarck 3rd 1:45.66

### Javelin

Kristi Kirschman 6th 113'9" Minot

**1996 15th 8pts** GF Red River 120

**1600 Meter Relay** Jamestown 73

Bismarck 8th 4:13.33 Fargo South 72

**3200 Meter Relay** Century 67

Bismarck 7th 9:55.06 63.5

### High Jump

Tina Kirkpatrick	4th	5'2"	Minot	
<b>1995 13th 7pts</b>			GF Red River	138
<b>Long Jump</b>			Fargo South	106
Kim Dursma	8th	16'3.25"	Jamestown	74.5
<b>High Jump</b>			Mandan	65.5
Tina Kirkpatrick	5th	5'2"		59
<b>Javelin</b>				
Chrissy Schwengler	7th	108'		

			Minot	124
<b>1994 2nd</b>			<b>Bismarck</b>	<b>100</b>
<b>100 Meter Dash</b>			Mandan	96
Sarah Schumacher	5th	13.42	GF Central	82
<b>200 Meter Dash</b>			Dickinson	73
Sarah Schumacher	4th	26.94		
<b>800 Meter Run</b>				
Janelle Olson	3rd	2:21.91		
<b>1600 Meter Run</b>				
Janelle Olson	1st	5:06.21		
Jenny Japel	3rd	5:12.67		
Sommer Kringstad	4th	5:13.76		
<b>3200 Meter Run</b>				
Janelle Olson	1st	11:28.19		
Jenny Japel	2nd	11:30.46		
Sommer Kringstad	7th	11:43.75		
<b>Long Jump</b>				

Katie Lamm	3rd	17'7"
<b>High Jump</b>		
Tina Kirkpatrick	T5th	4'10"
<b>Triple Jump</b>		
Katie Lamm	3rd	36'4.75
Jennie Jacobson	6th	35'9"
<b>400 Meter Relay</b>		
Bismarck	3rd	50.67
<b>800 Meter Relay</b>		
Kelly Polsfuss	1st	1:45.66
Sarah Schumacher		
Diedra Renner		
Jenny Japel		
<b>1600 Meter Relay</b>		
Bismarck	6th	4:11.79
<b>3200 Meter Relay</b>		
Bismarck	3rd	9:40.69

			Minot	139
<b>1993 2nd</b>			<b>Bismarck</b>	<b>56</b>
<b>200 Dash</b>			Mandan	56
Deidra Renner	5th	27.09	Dickinson	54
Sarah Schumacher	6th	27.12	GF Red River	46
<b>800 Meter Run</b>				
Janelle Olson	4th	2:21.42		
<b>1600 Meter Run</b>				
Janelle Olson	2nd	5:07.19		
Jenny Japel	6th	5:17.33		
<b>3200 Meter Run</b>				
Janelle Olson	2nd	11:12.11		
Carlee Olson	6th	11:33.26		
<b>100 Meter Hurdles</b>				
Kyna Wagner	6th	16.59		
<b>300 Meter Hurdles</b>				



Kyna Wagner	4th	47.5		
<b>400 Meter Relay</b>				
Kyna Wagner	1st	50.53		
Anne Feichtner				
Sarah Schumacher				
Deidra Renner				
<b>800 Meter Relay</b>				
Bismarck	2nd	1:45.48		
<b>1600 Meter Relay</b>				
Bismarck	6th	4:10.81		
<b>3200 Meter Relay</b>				
Bismarck	4th	9:43.02	<b>Javelin</b>	119'3"
<b>Long Jump</b>			Lila Osceola	6th
Angie Pelusa	5th	16'7.25"	Minot	157
<b>1992 9th 24 pts</b>			Mandan	79
<b>100 Dash</b>			Jamestown	64
Anne Feichtner	6th	12.99	GF Central	57
<b>800 Meter Run</b>			Dickinson	44
Heidi Thurby	3rd	2:23.93	<b>1600 Meter Relay</b>	4:06.35
<b>1600 Meter Run</b>			Bismarck	3rd
Jenny Japel	6th	5:32.23	<b>3200 Meter Relay</b>	9:53.20
<b>3200 Meter Run</b>			Bismarck	2nd
Janelle Olson	5th	11:47.91		
			Minot	105
<b>1991 4th 74pts</b>			GF Central	85
<b>200 Meter Dash</b>			Mandan	80
Deidra Renner	4th	27.06	<b>Bismarck</b>	<b>74</b>
<b>400 Meter Dash</b>			Dickinson	42
Heidi Thurby	5th	60.44	<b>3200 Meter Relay</b>	9:38.44
<b>100 Meter Hurdles</b>			Faye Person	1st
Jillian Barbie	2nd	15.07	Janelle Olson	
<b>300 Meter Hurdles</b>			Jenny Japel	
Jillian Barbie	2nd	44.21	Heidi Thurby	
<b>3200 Meter Run</b>			<b>Long Jump</b>	17'3.25"
Jenny Japel	4th	11:35.24	Missy Fode	2nd
<b>400 Meter Relay</b>			<b>High Jump</b>	5'6"
Bismarck	3rd	51.52	Jessica DeRemer	1st
<b>800 Meter Relay</b>				

Bismarck 2nd 1:45.83

### 1600 Meter Relay

Bismarck 3rd 4:07.51 Dickinson 97

**1990 T5th 54pts** Mandan 63

**200 Meter Dash** GF Central 61

Lesley Jacobsen 4th 27.09 Minot Ryan 58

**400 Meter Dash** **Bismarck 54**

Lesley Jacobsen 4th 60.61 Minot 54

### 100 Meter Hurdles

Jillian Barbie 2nd 15.59

**300 Meter Hurdles** **Long Jump** 16'5.75"

Jillian Barbie 2nd 45.99 Penny Ensrud 5th

**800 Meter Relay** **Shot Put** 35'7"

Bismarck 4th 1:48.46 Jennifer Wardner 6th

**1600 Meter Relay** **High Jump** 5'2"

Hiedi Thurby **1st 4:03.79** Jessica DeRemer 5th 5'2"

Jenny Japel Penny Ensrud 6th

Jillian Barbie

Lesley Jacobsen

### 3200 Meter Relay

Hiedi Thurby **1st 9:37.68**

Jillian Barbie

Janell Olson

Jenny Japel

Minot 87

**1989 4th 42pts** Mandan 51

**100 Meter Hurdles** Dickinson 43

Jillian Barbie 2nd 16.47 **Bismarck 42**

**300 Meter Hurdles** GF Central 39

Jillian Barbie 2nd 45.68 Devils Lake 39

Lisa Nagel 6th 47.74

### 400 Meter Relay

Bismarck 6th 52.07

### 1600 Meter Relay

Bismarck 4th 4:10.84

### High Jump

Penny Ensrud 2nd 5'5"

Jessica DeRemer	3rd	5'4"		
<b>Long Jump</b>				
Penny Ensrud	3rd	17'5.75"	Minot	76
<b>1988 9th 26 Points</b>			Valley City	54
<b>100 Meter Hurdles</b>			GF Red River	54
Jillian Barbie	1st	16.16	GF Red River	46
<b>300 Meter Hurdles</b>			Devils Lake	44
Jillian Barbie	4th	46.69		
<b>High Jump</b>				
Penny Ensrud	2nd	5'4"		
Bobby Schauer	T4th	5'2"		
<b>Javelin</b>				
Kristi Opp	6th	113'2"	GF Central	82
<b>1987 11th 20 pts</b>			GF Red River	67
<b>100 Meter Dash</b>			Wahpeton	40
Cammi Brink	2nd	13.09	Mandan	35
<b>200 Meter Dash</b>			Devils Lake	32
Cammy Brink	5th	26.72		
<b>Javelin</b>				
Twila Wolf	1st	136'10"	GF Central	96
<b>1986 14th 13pts.</b>			Minot	70
<b>100 Meter Dash</b>			Mandan	59
Cammy Brink	6th	13.23	GF Red River	50
<b>Long Jump</b>			Minot Ryan	50
Beth Klecker	6th	16'3"	<b>Javelin</b>	<b>133'4"</b>
<b>High Jump</b>			<b>Twila Wolf</b>	<b>1st</b>
Beth Klecker	6th	5'3"	Mandan	79
<b>1985 2nd</b>			<b>Bismarck</b>	<b>66</b>
<b>100 Meter Dash</b>			Minot	63.5
Lisa Aman	1st	12.65	GF Red River	50.5
<b>200 Meter Dash</b>			Fargo South	38
Lisa Aman	2nd	26.67		
<b>400 Meter Dash</b>				
Janelle Hammeren	3rd	61.02		
<b>1600 Meter Run</b>				
Barb Wagner	3rd	5:24.26		
<b>800 Meter Relay</b>				
Cammy Brink	1st	1:47.36		

Becky Twite

Janelle Hammeren

Lisa Aman

### 1600 Meter Relay

Bismarck 2nd 4:05.44

### 3200 Meter Relay

Bismarck 2nd 9:52.78

### Long Jump

Lisa Aman 3rd 16'10"

### Javelin

Twila Wolf 4th 123'7" Minot 93

**1984 3rd 82pts** Mandan 83

**400 Meter Dash** Bismarck **82**

Brenda Abel 3rd 59.46 Dickinson 51

**800 Meter Run** GF Red River 42

Joan Hammeran 2nd 2:15.81

### 1600 Meter Run

Joan Hammeran 1st 5:08.27

Barb Wagner 3rd 5:19.90

**3200 Meter Run** **3200 Meter Relay** 9:50.68

Joan Hammeran 2nd 11:37 Bismarck 4th

Barb Wagner 3rd 11:38.2 **Long Jump** 16'8.25"

**400 Meter Relay** Lisa Aman 3rd 16'7.25"

Bismarck 2nd 50.89 Laurie Zacher 4th

**800 Meter Relay** **Javelin** 110'1"

Bismarck 3rd 1:46.69 Kathy Kappong 5th

### 1600 Meter Relay

Bismarck 2nd 4:07.07 **Bismarck 86**

**1983 1st** Minot 70

**100 Meter Dash** Fargo South 68

Lisa Aman 6th 12.81 Valley City 51

**200 Meter Dash** Mandan 42

Jennifer Graf 3rd 26.09

Lisa Aman 4th 26.28

### 800 Meter Run

Joan Hammeran 1st 2:13.32

### 1600 Meter Run

Joan Hammeran	1st	5:15.10
<b>3200 Meter Run</b>		
Joan Hammeran	1st	11:11.45
Barb Wagner	6th	11:42.70
<b>400 Meter Relay</b>		
Bismarck	2nd	51.99
<b>800 Meter Relay</b>		
Bismarck	2nd	1:50.04
<b>1600 Meter Relay</b>		
Fawn Hammeran	1st	4:02.16
Jennifer Graf		
Brenda Abel		
Joan Hammeran		
<b>Long Jump</b>		
Roxi Nelson	2nd	17'6.5"
<b>High Jump</b>		
Roxi Nelson	1st	5'6"

			Fargo South	87
<b>1982 2nd 59pts</b>			<b>Bismarck</b>	<b>59</b>
<b>100 Meter Dash</b>			Minot	55
Liz Chommie	6th	13.45	GF Central	42
<b>200 Meter Dash</b>			Langdon	36
Liz Chommie	5th	26.77		
<b>800 Meter Run</b>				
Joan Hammeren	1st	2:15.50		

## 1600 Meter Run

Joan Hammeren	1st	5:10.99	Discus	113'9"
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## 3200 Meter Run

Joan Hammeren	1st	11:10.79	Koreena Lyons	2nd
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## 3200 Meter Relay

			Javelin	132'2"
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## High Jump

Bismarck	4th	10:07.53	Siobhan Kane	2nd
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Roxi Nelson	3rd	5'1"	Minot	86
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<b>1981 2nd 66pts</b>			<b>Bismarck</b>	<b>66</b>
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			Jamestown	57
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Liz Chommie	6th	13.05	Langdon	48
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			Fargo South	39
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Liz Chommie	3rd	26.3		
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Joan Hammeran	1st	2:15.41		
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Joan Hammeran	2nd	5:11.51		
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Fawn Hammeran	6th	8:42.78		
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Bismarck	3rd	50.57		
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Roxi Nelson	1st	time		
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Liz Gefroh				
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Brenda Abel				
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Joan Hammeren				
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Roxi Nelson	1st	17'		
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Roxi Nelson	4th	5'6"		
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Koreena Lyons	1st	124'5"	Dickinson	77
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<b>1980 7th 42pts</b>			Langdon	59
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			Century	54
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Liz Chommie	6th	26.86	Fargo South	50
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			Minot	48
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Mary Karlgaard	4th	2:18.77		
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## 100 Hurdles

Lisa Roesler 4th 15.77

## 200 Hurdles

Lisa Roesler 5th 30.17

## High Jump

Tami Gehart 1st 5'4"

Roxi Nelson 2nd 5'3"

## Shot Put

Karla Munson 6th 34'7" **800 Medley Relay** 1:52.90

## Discus

Terry Eslinger 2nd 125'7" Bismarck 4th

Fargo North 74

## 1979 5th 32pts

Fargo South 70

## 110 Yard Hurdles

Laurie Eggebratten 2nd 16.27 Dickinson 67

## 440 Yard Relay

Bismarck 6th 52.39 Langdon 36

**Bismarck 32**

## 880 Yard Relay

Bismarck 5th 1:50.93

## Shot Put

Karla Munson 5th 36'3.5"

## High Jump

Tammy Gerhart 1st 5'4"

Roxi Nelson 5th 5'2"

## Shot Put

Karla Munson 5th 36'3.5"

## Discus

Terry Eslinger 3rd 112'5"

Karla Munson 6th 107'5"

Minot 83

## 1978 4th 39pts

Fargo North 56

## Mile Run

Langdon 50

Sharon Walker 5th 5:37.05 **Bismarck 39**

**440 Relay**

JoAnne Usher

Stacy Vettel

Mary Larson

Ruth Reimnitz

**Mile Relay**

Bismarck

**Long Jump**

Ruth Reimnitz

Devils Lake

37

1st 51.2

**High Jump**

5'6"

Nancy Hardy

1st 5'3"

Ruth Reimnitz

3rd 5'2"

Tammy Gerhart

6th

1st 17'.25"

**1977 10th 9pts****Mile Relay**

Bismarck

**High Jump**

Nancy Hardy

**1976 11th 7pts****High Jump**

Nancy Hardy

Sue Eckberg

**Discus**

Marcia Sayler

**1975 6th 19pts****Mile Run**

Becky Clairmont

**High Jump**

Sue Eckberg

Nancy Hardy

Peggy Ekberg

**Shot Put**

Marcia Sayler

Dickinson

37

Minot

32

Fargo South

25

Devils Lake

21

St. Mary's

18

Dickinson

45

Fargo Shanley

31

Valley City

28

GF Red River

23

Fargo South

17

T 3rd 5'

T 3rd 5'

3rd 108'4"

Dickinson

39

Fargo North

34

Valley City

27

Fargo Shanley

24

Jamestown

24

4th 5:36.63

1st 5'3"

2nd 5'2"

3rd 5'2"

3rd 34'1"

Valley City

50

**1974 6th 15pts****Mile Run**

Becky Clairmont

Colletta Harkness

**High Jump**

Peggy Ekberg

Fargo South

29

Dickinson

28

Grafton

19

Minot

18

3rd 5:28.68

5th 5:33.03

1st 5'4"



**440 Relay**

Peggy Ekberg	3rd	51.72
Jody Flagg		
Gail Wentz		

Becky Martel

**Mile Relay**

4:18.8

**880 Relay**

Peggy Ekberg	5th	1:52.68
Jody Flagg		
Gail Wentz		

Kathy Boyum

Bismarck

5th

**1973 T 13th 4pts****Mile Relay**

Bismarck	4th	4:28.7
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**Long Jump**

Dawn Stave	4th	16'1"
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Valley City

44

Dickinson

34

Minot

24

Fargo North

19.5

GF Central

18

Jamestown

18

Minot

66

**1972 2pts 15th****440 Relay**

Linda Porter	5th	53.6
Jean Knuth		

Karen Auch

Mary Juelke

Valley City

37

Jamestown

32

Dickinson

18

Fargo North

17

**880 Relay**

Mary Juelke	5th	1:54.7
Karen Auch		

Sandy Schmitke

Linda Porter

Valley City

41

**1971 9th 10pts****220 Yard Dash**

Linda Porter	2nd
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**440 Relay**

Bismarck	3rd
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**880 Relay**

Bismarck	3rd
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Jamestown

29

GF Central

27

Fargo North

19

Fargo South

14

Mandan

21.5

**1970 T 22nd 3pts****440 Relay**

Sargent Central

16

Valley City

14

Bismarck	3rd	53.4 Rugby	13
		Tuttle	12
		Laverne	12
		Tuttle	19
<b>1969 No points</b>		Carpio/Forman	18
		Mandan	17
		GF Central	17
		Fargo Shanley	16
		Bowbells	21
<b>1968 No Team</b>		Minot	19
		Tuttle	19
		Carpio	18
		Minot Ryan	15
		Bowbells	16
<b>1967 T 18 2pts</b>		Kindred	16
<b>Long Jump</b>		Minot Ryan	15
Darcie Hanegan	4th	Ellendale	11
		Bottineau	10
		Minot	25
<b>1966 No Team</b>		Bowbells	18
		Minot Ryan	17
		Litchville	13
		Buelah	11