

Top 10 Shot Results Boys				
1	Jim Kleinsasser	Carrington	62-2	1995
2	Kaden Pastian	Hillsboro/Central Valley	60-8	2021
3	Jack Packer	Kindred	60-1	2023
4	Seth Wisthoff	Glenburn	59-2	2008
5	Steve Gunderson	Portal	58-9.25	1968
6	Ron Hausauer	Beulah	58-	1977
7	Justin Camperud	Northwood	57-8.75	1999
8	Ryan Drevlow	North Sargent	57-4	2009
9	Dawson Schroeder	Northern Lights	57-3.5	2019
10	Danny Hollingsworth	Carrington	56-	2003
Top 10 Shot Results Girls				
1	Jessica Sommerfeld	Lisbon	48-2.5	1997
2	Tara Copenhauer	Carrington	45-3.25	2000
3	Kayla Hochhalter	Carrington	44-1	2014
4	Karen Keys	Carrington	44-.25	2002
5	Courtney Hutacher	Killdeer Halliday	43-10	2002
6	Leah Wentz	Rugby	43-7	2008
7	Sara Neubauer	Bottineau	43-7	2005
8	Emily Eslinger	Griggs County	43-7	2006
9	Lindsey Hausauer	Velva Sawyer Drake	43-6	2001
10	Stacy Madsen	Central Cass	42-11	1994
10	Sheri Kleinsasser	Carrington	42-11	1991
10	Kelsey Laufenberg	Maple Valley Enderlin	42-11	2013
Top 10 Discus Results Boys				
1	Kaden Pastian	Hillsboro/Central Valley	192-	2021
2	Seth Wisthoff	Glenburn	184-	2008
3	Jim Kleinsasser	Carrington	183-11	1995
4	Ross Walker	Killdeer	177-	2001
5	Austin Widmer	Oak Grove	175-6	2019
6	Ross Kramer	Wishek	173-4	1999
7	Fred Dorgan	Thompson	172-3	1999
8	Ashton Biesterfeld	Oakes	171-8	2021
9	Riley Sunram	Kindred	171-7	2023
10	Lawrence Anderson	Beulah	168-11	1988
Top 10 Discus Results Girls				
1	Sara Neubauer	Bottineau	148-8	2006
2	Lindsey Hausauer	Velva Sawyer Drake	147-11	2004
3	Heidi Helm	Mayville Portland	147-10	1987
4	Erin Rankin	Larimore	147-9	2004
5	Mandy Olson	Thompson Central Valley	146-10	1995
6	Katie Gruman	Griggs County	142-	2007
7	Kayla Roemmich	Bottineau	141-5	2007
8	Tara Copenhauer	Carrington	139-3	1999
9	Chelsea Hausauer	Velva	139-3	2001
10	Maggie Aalund	Bottineau	138-1	2003

Top 10 Javelin Results Boys (2003)				
1	Riley Dolezda	Stanley Powers Lake	208-3	2004
2	Jesse Kovash	Trinity	202-11	2003
3	Kyle Odegard	Lisbon	201-8	2016
4	Austin Schmidt	Stanley/Powers Lake	193-10	2014
5	Adam Coykendall	Lisbon	192-2	2010
6	Ben Gordon	Trinity	185-2	2013
7	Joe Krivarcha	Lisbon	184-10	2006
8	Kordel Wolf	Harvey	183-11	2008
9	Ryan Drevlow	North Sargent	183-1	2009
10	Levi Reis	Ellendale	182-7	2023
Top 10 Javelin Results Girls (2003)				
1	Kari Wolf	Harvey/Wells County	144-2	2017
2	Kayla Hochhalter	Carrington	143-11	2014
3	Sarah Neubauer	Bottineau	143-2	2006
4	Kendra Odegard	Lisbon	142-2	2021
5	MacKayla Haugeberg	Watford City	139-8	2013
6	Alyssa Olin	Mott-Regent	139-6	2013
7	Sierra Rosenau	Carrington	138-11	2011
8	Faith Dockter	South Border	138-9	2019
9	Kendra Odegard	Lisbon	137-	2017
10	Abby Duchscherer	Kindred	136-11	2022